

Eastern Washington Family Child Care Association



“Reach for the STARS” Annual March Conference

Our conference line up has something for everyone.
Join us for this exciting opportunity to engage in dialogue,
reflect on practice, and engage in professional growth!

Saturday, March 8th, 2014

8:00 am—3:30 pm

Spokane Valley Church of the Nazarene

15515 E 20th Spokane Valley, WA

Offering up to 6 Pre-Approved Washington MERIT/STARS
Continuing Education Hours

www.ewfccca.org

Early Bird Registration Discount Deadline is February 22nd

At-the-Door Registrations and Registrations postmarked after that date
will be at full rate. (membership discount still applies)



EWFCCA's "Reach For The Stars" Conference is
available to all Early Childhood Educators and is
approved for up to 6 hours of Washington
STARS Continuing Education Hours.

**Early enrollment is suggested to ensure your first choice of classes.
Early Bird Registration discount deadline is February 22nd.**

Your cancelled check is your confirmation. Receipts will be available the day
of the conference. **ABSOLUTELY NO REFUNDS.** Your conference fee amount
is reimbursable through Washington STARS. The necessary information
regarding reimbursement will be in your conference packets the day of the
conference. If you are unable to attend, please pass your registration to
another provider and notify EWFCCA as soon as possible so we can correct
our records.

****If you need additional forms, please copy the registration form or visit
www.ewfccca.org click on the training button to download and print the
registration. You can call Debbie Thurber at 509-926-6144 to have forms
mailed to you.**

Conference Registration postmark deadline is March 1st.

Registration forms received after this date will be considered
'at the door' registrations. Please call Debbie Thurber @ 509-926-6144 with
any questions and to be placed on the 'pay at the door' registration list.
You may enroll the morning of the event but class choice may be limited.

**Session classes are coded as follows in the Core Competencies
(CC:) required by Washington MERIT/STARS**

Grw/Dev = Child Growth & Development
Int = Interactions **HS&N** = Health, Safety & Nutrition
Cur/Ern Env = Curriculum & Learning Environment
Fam/Com = Family & Community Partnerships
Mesrmt = Ongoing Measurement of Child Progress
Prog = Program Planning & Development
Prof = Professionalism Development & Leadership



Your registration includes a **breakfast (7am—8am)**
may consist of: Muffins; Breakfast breads; pastries;
Fresh fruit; coffee, tea and juices.

You will also be offered a **complimentary lunch
with beverage (12:30—1:30pm)**

This year's lunch menu consists of:

Sub Sandwich (Turkey; Roast Beef or Ham) Chip, Green Salad,
fresh fruit and a dessert! Beverage Choices: Unsweetened Tea,
Strawberry Lemonade and Water

You may bring a sack lunch if you prefer or visit a near by restaurant.

Vendor Shopping

EWFCCA is pleased to have Vendors for your shopping experience in the gymnasium!



Alecia Beckham 509.475.7374
www.pamperedchef.biz/beckham1972



Mike Maricich 509.953.3246



DEL licensing staff will be available for questions, MERIT help and information. The Licensing supervisor, one family home licenser and one center licenser will be available from 10:30am to 1:30 pm



Bethany Hutchinson 509.638.7140
www.my.tupperware.com/bethanyhutchinson

Childhood Resource
Liz Williams
208.964.5511 office
425.343.9185 cell
www.childhoodresource.com



Tracy Dunn
509.714.2454



Better Living Center
Clean Home supplies made with Natural ingredients.
Brittney Belden
509.435.3752
www.betterliving.mychoices.biz

Come shop these vendor and many more in the gymnasium ... doors will be open for business starting at 7:00am.



Thirty One Gifts
Jenny Hurd 509.868.6781
www.mythirtyone.com/jennyhurd



Deb Farnsworth 509.893.4913
www.1stline1staid.com



Donna Peck
253.770.9247
Donnaandbillpeck@comcast.net

"Wear your story"
Krystal Metz
509.499.4746

www.southhilldesigns.com/createbeauty



USBORNE BOOKS & MORE
Misty Brown
509-.361-4060
www.myubam.com/k3407



EWFCCA will have a limited amount of the NEW Family Childcare Guidebook for sale for \$10

7:00—8:00am Open Registration, Sign in & Vendor Shopping

Your registration includes a **light breakfast** consisting of Muffins, Breakfast breads and pastries, etc. Fresh fruit, coffee and juices.

Please take the time to visit the Vendors in the gymnasium

For your chance to be entered into our door prize drawings taking place during lunch (must be present to win!)

8:00—8:15am Conference Introduction

Hear everything you need to know to get through your day with us!

Deborah Thurber—EWFCCA President



8:15—10:45am Keynote

(2 1/2 STAR Hours with break)

Keynote Presenter: Teacher Tom

<http://teachertombsblog.blogspot.com>

"Teacher Tom" Tom Hobson is a preschool teacher, writer, artist, and author. He is best known, however, for his namesake blog "Teacher Tom's Blog" where he has posted daily for over 3 years, chronicling the life and times of his little preschool in the rain soaked Pacific Northwest corner of the US. For the past 11 years Teacher Tom has been the sole employee of the Woodland Park Cooperative preschools, a collection of 4 separate parent-owned and operated schools housed under a single roof, knit together by Teacher Tom's unique progressive play-based pedagogy. The children come to the school as 2-year-olds in diapers and leave as "sophisticated" 5-year-olds ready for the larger world. Teacher Tom came into teaching through the backdoor, so to speak, having enrolled his own child in a cooperative preschool, where he began working daily in his daughter's classroom as an assistant teacher under the tutelage of both veteran teachers, although he'll be the first to tell you that most of what he learned came from the children themselves. When it was time for his daughter to move on, he "stayed behind," where he plans to remain for the rest of his life.

Keynote:

"Teaching the Skills and Habits of Citizenship in Preschool"

Tom will be speaking on the topic of bringing the habits and principles of citizenship into early years classrooms. He will begin by discussing the purpose of education in a democracy and how and why we have managed to veer so far from the original intent of education in America. He will then explain how a play-based curriculum works and, in fact, demonstrate how it is an ideal model of citizenship in action. Participants will learn the benefits of introducing democratic principles into their classroom, the hallmarks of what makes a good citizen, the traits and habits required for self-governance, and some practical tips on how to implement these ideas in their own classrooms.

CC: Prog

AM Session 11:00 am—12:30 pm (LUNCH to follow)

AM-1 & PM-1 “Challenges Beyond Normal Development: Behavioral and mental health disorders in children” - Rebecca Rudd PhD, LMFT, LMHC

For some children there are more than normal developmental challenges impacting behaviors. Some children have mental or behavioral health problems that greatly impact his or her learning, social and emotional development and attachment with caregivers. This presentation will cover the common psychological problems seen in young children from birth to adolescents such as: fetal alcohol syndrome, autism spectrum disorders, attention deficit and hyperactivity disorders, attachment, enuresis and encopresis, depression and anxiety. Participants will learn how to identify potential problems in children, methods to work with these children in an educational setting and how to talk to parents about these concerns. **** (This is an all-day track class. It is suggested that if you choose this topic, you should also take the continuing class in the afternoon.)** *^AM CC: Grw/Dev PM CC: Int*

AM-2 “Classroom Management Q & A with Teacher Tom!”— Tom Hobson

Many providers today are looking for sustainable, authentic solutions on classroom management and student engagement—two key aspects of effective instruction. What better way to find them than to tap the wisdom of a expert educator? After his keynote presentation, Teacher Tom will make himself available to advise you and answer any pressing classroom management questions you may have. *^CC: Prog*

AM-3 “Are Your Children OK” — Michelle Baker

Do you know if the children in your care are on track developmentally? Do you know what to do if you think they are falling behind their peers? Do you ever wonder if some of the behaviors that are difficult to manage might be because of an undiagnosed disorder such as Autism, or sensory processing issues? Come to this session and find out how to get children and families connected to services to help the child gain skills and catch up developmentally. This session covers ages birth to age 3 specifically, but will touch on ages 4 and older. We'll cover the typical Developmental Milestones and learn how to use the “People First Language” *^CC: Grw/Dev*

AM-4 “Building Healthy Children Through Art” — Dena Chappell

This is a hands-on interactive workshop where you will learn why providing “process” focused art is beneficial to the social, cognitive and physical development of children. Participants will learn the difference between process and product art while gaining skills on how to support a child's healthy development through daily art experiences. *CC: Cur/Lrn Env*

AM-5 “Why We Can't Stop Moving” — Laurie Walsh, MFA

It still all starts with the body—help children and teachers MOVE through their day! Intentionally-facilitated activities optimize cognitive, social/emotional, creative, and motor development. Explore the elements of movement. Observe, assess, implement. Experience FUN, hands-on, Developmental Appropriate Practice (DAP) activities for children. Fight childhood obesity. *^CC: HS&N*

AM-6 “Cooking is Cool—Heat Free Recipes for Children to Cook” - Liz Williams

Experience the many benefits and joys of cooking with children – all without using the stove or oven. These heat-free recipes are classroom and child-friendly. Children can help prepare healthy appetizers, dips, beverages, snacks deserts. Sandwiches, salads, main dishes as they explore new foods, build math and literacy skills, and learn about nutrition. In alignment with USDA requirements and licensing guidelines. *^CC: HS&N*

AM-7 “Organize Your Personal Life and Get Your Ducks in a Row” - Rosalie Nourse

Have you misplaced your car keys again? Can't control the paper piles on your desk? Late for another appointment? Too much to do and not enough time? Get Your Ducks in a Row Presentation offers original and simple ideas to organize your life. Topics include time management, getting tasks completed, dealing with paper and organizing your personal possessions. *^CC: Prof*

PM SESSION 1:30 — 3:30 pm (with a break at presenters discretion)

PM-1 (AM-1) “Challenges Beyond Normal Development: Behavioral and mental health disorders in children” - Rebecca Rudd PhD, LMFT, LMHC

For some children there are more than normal developmental challenges impacting behaviors. Some children have mental or behavioral health problems that greatly impact his or her learning, social and emotional development and attachment with caregivers. This presentation will cover the common psychological problems seen in young children from birth to adolescents such as: fetal alcohol syndrome, autism spectrum disorders, attention deficit and hyperactivity disorders, attachment, enuresis and encopresis, depression and anxiety. Participants will learn how to identify potential problems in children, methods to work with these children in an educational setting and how to talk to parents about these concerns. **** (This is an all-day track class: It is suggested that if you choose this topic for your AM class, you should also take this class to receive optimal understanding.)** *CC: Int*

PM-2 “Keeping Kids in Your Care Safe” - Kim Estes, Savvy Parents Safe Kids

Child safety is an adults job. Keeping the children in your care safe is an important part of your job. This class will help you integrate non scary and easy to apply safety lessons into your curriculum as well as help you identify red flag behaviors in adults and children. We'll learn what to watch for and how to respond and be given prevention tips for your organization. We will discuss to topic of Sexual Abuse and how to respond to parents questions and inquiries regarding personal safety and sexual abuse prevention. *^CC: HS&N*

PM-3 “The Wondrous World of Puppets!” — Dena Chappell - <CC: Cur/Lrn Env

Learn about the important role that puppets play on early development while building confidence in introducing puppets in your work. Participants will learn how to incorporate puppets into their daily routine for use with communicating and teaching different skills to children, as well as learning an easy technique for giving puppets their own personality

PM-4 “Using Creative Movement and Dramatics with the ‘Out of Sync’ or Differently-abled Child”—Laurie Walsh, MFA

This workshop will focus on how to provide safe, fun, and developmentally-appropriate activities for children with sensory-integration, balance issues, social functioning difficulties and other learning disabilities. *^CC: Grw/Dev*

PM-5 Doodles and Oodles present: “Sensory, If it Hasn't Been in the Hand, It Can't be in the Brain!” - Iris Siegler and Kim Torgerson

Participants will have the opportunity to make & mix their own unusual sensory concoctions to take home with recipes. Limited enrollment so we can personalized the experience. Be prepared for messy experiences. **Cost for materials and supplies is \$10.00 and will be collected during class and is limited to the first 20 people.** *CC: Cur/Lrn Env*

PM-6 “Discovering Nature” - Liz Williams - the ‘Child Care Business Coach’!

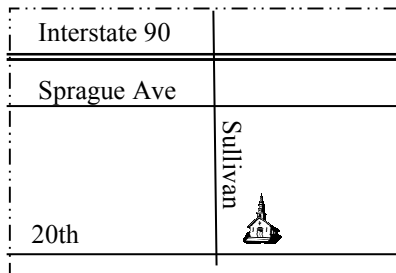
From indoor terrarium and planting projects...to outdoor animal searches and habitat discussions, this curriculum helps children develop scientific reasoning processes, as well as critical math, language, and literacy skills. *^CC: Cur/Lrn Env*

PM-7 “Organize Your House by Getting Your Ducks in a Row” - Rosalie Nourse

Are you tired of plastic containers and lids falling out every time you open the kitchen cupboards? Is your master bedroom, bathroom or closet a cluttered mess? Can't find craft, sewing or other supplies when you need them? Get Your Ducks in a Row Presentation offers original and simple ideas to organize every room in your house from kitchen to the home office, from the garage to the backyard. *<CC: HS&N*

☆ *Your map to the STARS* ☆

*Spokane Valley Church
of the Nazarene
15515 E 20th
Spokane Valley*



*The first 150 attendees through the door
will receive a 'goodie bag'*

*Spokane Valley Church of the Nazarene is a wonderful
site, handicap accessible, with plenty of free parking.*

*EWFCCA is proud to be your choice when you
"Reach for the STARS"
www.ewfcca.org*

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Registration Form

(circle all that apply)

Early Bird Conference fee \$50.00
(Forms postdated on or before Feb 22nd) — OR —

Conference Fee \$60.00
(Forms postdated on or after Feb 24th or at the door registrations)

Add EWFCCA Membership (visit www.ewfcca.org for more info.) + 30.00
If you are including an association membership with this registration...please take the discount below. OR + 15.00
(membership good through the summer of 2015)

EWFCCA General Member Discount - 10.00
You must be a current general member of EWFCCA to take this credit.
Visit www.ewfcca.org for a membership form and more information. — OR —

EWFCCA Associate Member Discount - 5.00
You must be a current Associate member of EWFCCA to take this credit.
Visit www.ewfcca.org for a membership form and more information.

Total amount included:

Make Checks Payable to: EWFCCA
Mail to: 7620 E Maxwell
Spokane Valley, WA 99212
*Early Registrations postmark deadline February 22nd—
Registration received after this date will forfeit such discount. (memberships discounts still apply)
Form received after March 1st are considered 'at the door registrations' (see page 2)*

Name: _____

Address: _____

City/State/zip: _____

Phone: _____ STARS #: _____

I am a: ___FCC Provider ___FCC Assistant ___Center Employee

Breakfast (7am—8pm) ?? * Yes Please / No Thank you

AM Session Class Choice 11:-00am-12:30pm

First Choice: _____ Second Choice: _____

Complimentary Lunch (12:30—1:30) ?? ** Yes / No Thank you

Sub-Sandwich Preference: _____ Turkey _____ Roast Beef _____ Ham
(check all that apply—additional menu items listed on page 2)

PM Session Class Choice 1:30-3:30pm

First Choice: _____ Second Choice: _____