Eastern Washington Family Child Care Association

"REACH FOR THE STARS" Conference Presents:

TAKING TIME TO CARE

This year's conference line up has something for everyone. Join us for this exciting opportunity to engage in dialogue, reflect on practice, and engage in professional growth!

Saturday, March 6th, 2010
8:00 am—3:45 pm

Spokane Valley Church of the Nazarene
15515 E 20th
Spokane Valley, WA 99216

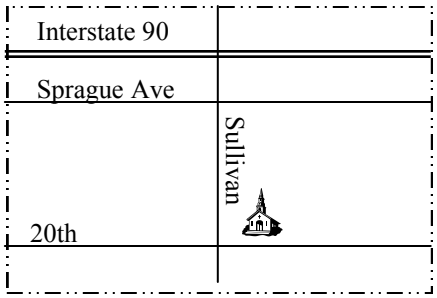
Offering up to 6 Washington STARS Continuing Education Hours

For more information, visit: www.ewfcca.org

Please keep this page for your reference.

Your map to the STARS

Spokane Valley Church of the Nazarene
15515 E 20th
Spokane Valley, WA



The first **150** attendees through the door will receive a 'goodie bag'

Spokane Valley Church of the Nazarene is a wonderful site, handicap accessible, with plenty of free parking.

Class Schedule

Please write in your selections from the registration page and keep for your records

7:00-8:00am	Check in & Light Breakfast offered
8:00-9:00am	In the Know!
9:15-10:45am	Keynote: Holly Morris-Bennett
11:00-12:30pm	Session A: _____
12:30-1:30pm	Complimentary Lunch/Door Prizes
1:30-2:30pm	Session B: _____
	&
2:45-3:45pm	Session C: _____
	OR
1:30-3:30 pm	Session D: _____

EWFCCA is proud to be your choice when you

"Reach for the STARS"

www.ewfcca.org

EWFCCA's "Reach For The Stars" Conference is available to all Early Childhood Educators and is approved for up to 6 hours of Washington STARS Continuing Education Hours.

You may enroll the morning of the event but the Professional Development Scholarship will not be available and class choices will be limited.

Early enrollment is suggested to insure scholarship eligibility and your first choice of classes.

Your cancelled check is your confirmation. Receipts will be available the day of the conference. **ABSOLUTLY NO REFUNDS.** Your conference fee amount is reimbursable through Washington STARs. The necessary forms will be in your conference packets the day of the conference. If you are unable too attend, please pass your registration to another provider and notify EWFCCA as soon as possible so we can correct our records.

If you need additional forms, please copy the registration **and** Professional Development Scholarship page **or** call Debbie Thurber at 509-926-6144 to have forms mailed **or** visit **www.ewfcca.org**, click on the training button to download and print the registration.

Your registration includes a **Light breakfast** consisting of Muffins, breakfast breads and pasties, etc. Fresh fruit, coffee and juices.

You will also be offered a **complimentary lunch and beverage.** This years lunch menu consist of:

Spaghetti with Marinara Sauce; A Green Salad with Italian Dressing; Garlic Bread; Fruit and a beverage choice of lemonade; sweet tea; unsweetened tea or water and a yummy dessert!

You may bring a sack lunch if you prefer or visit a near by restaurant.

EWFCCA's "Reach For the STARS" is sponsored in part by grants from:

Eastern Washington Family Child Care Association

The Foundation of Early Learning

The Department of Early Learning
Professional Development Scholarship Program

With special thanks to Spokane Valley Church of the Nazarene for the use of their beautiful building.

Session classes are coded as follows in the Core Competencies (CC:) required by Washington STARs

Adm = Administration
Dev = Child Growth, Development & Learning
Guid = Child Guidance
Com = Communication
Div = Cultural & Individual Diversity
Cur = Curriculum Development
Env = Environmental Design
Fam = Family Systems
HS&N = Health, Safety & Nutrition
Obs = Observation & Assessment
Prof = Professionalism

Additional STAR hours offered by EWFCCA

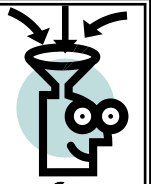
Monday, March 15th 2010
'Preventing Child Abuse & Neglect'
Presenter: Julie Luzzo
(1 free STARS hour)

Monday, April 19th 2010
"More Than Bubbles"
Presenter: Deborah Thurber
(1 free STARS hour)

Monday, May 17th 2010
"The Skill of Interviewing Parents'
Presenters: Sandra VanDoren & Nancy Gerber
(1 free STARS hour)

Where: 1408 N Washington
Time: 7pm with announcements, networking and FOOD
8—9pm STAR hour!

Pre-Conference Session: 8:00-9:00 am



In the Know!

Deborah Thurber-President EWFCCA
Nancy Gerber, FCC Chapter President, SEIU Local 925

CC: Prof

Children and Quality Early Learning Opportunities are a core value for EWFCCA. During this hour, learn what EWFCCA has to offer its members and answer any questions you might have. You will be informed on what the State's budget cuts mean to our profession and how we can make a difference. There is new legislature that will effect childcare provider and possible Food Program eligibility changes and increases in store for us. Please join us for a very informative hour!

Keynote 9:15-10:45 am

Holly Morris Bennet, JD ACC

Holly holds a law degree from the University of California at Berkeley and a BA in Political Science from Northwestern University. Holly received coach training and leadership training from the Coaches Training Institute and is certified by the International Coach Federation.

"Making Conscious Choices, Creating Positive Change"

*It is considered our greatest resource. Our time. In order to get the most out of life, we must learn how to manage our time wisely. To get more done in less time, we have to make choices — and remember it is your life we're talking about. This Keynote will give you a new perspective on your time, your ability to create it, shape, direct it and control it - **YES**, create it and control it. You will walk away with concrete ways to make conscious choices that create positive change that will make your work and your life more satisfying, balanced and fun. Take the handouts home and create your own map to life/work balance.*

CC: Prof

Session A 11:00 am-12:30 pm

CC: Prof

A-1 Take the Keynote Challenge to the Next Level—Holly Morris Bennet

Working in groups with your colleagues and with Holly as your guiding coach, we will dive into the keynote handout and create your own personal map toward balance. You'll be taking serious stock of what you're doing with your time and have some real-time fun learning how to make those conscious shifts to create positive change. This is the right spot for you if you are ready to start making changes TODAY.

A-2 Art for Every Holiday—Christina Eagle & Kathleen Ewing *CC: Cur*

Hands-on art projects with holiday themes. A variety of make-n-take home crafts that will put a smile on kids and adults faces alike. Covering Halloween, Thanksgiving, Christmas, Valentines Day, St Patrick's Day, Easter, July 4th, Mother's & Father's Day.

A-3 But They Interviewed So Well—Pamela Haley *CC: Adm*

How to hire employees—from the interview process to helping fit into the position. How to handle problems. Come ready with questions. Will give pointers on how to keep employees for the long term.

A-4 Timely Tips to Help Your Childcare Shine—Kate Quinn; Karen Cole; Kira Barnhart; Judy Davis; Susan Nelson; Kirsten Weigand *CC:H&S*

Family childcare licensors and DEL health specialist share commonly asked health and safety questions encountered in childcare.

A-5 Children with Autism—Deborah Skalabrin, MSW,LICSW *CC: Obs*

Learn to spot symptoms and possible Autism, PDD *or* Asperger *Syn*drome in children. Practice the best ways to approach parents and discover tips for more effective care. Includes a list of local resources.

A-6 Understanding & Managing Misbehavior - Ginny Cronin *CC: Guid*

Learn to identify what motivates children to misbehave and how to choose positive interventions and strategies that will work.

A-7 Help Me Do It Myself: The Case for Independence—Elizabeth White

STOP! Don't do something for the child that they want to do "all by themselves" Learn some Montessori activities that will nurture independence. Discuss how growth in independence will affect overall learning and development. Leave the class knowing how to prepare and supervise several activities. *CC: Dev*

A-8 Center of it All—Julie Luzzo, MED; ECE *CC: Cur & Env*

Learning Centers are essential to any program. You will gain knowledge about what goes into a Learning Center and take with you ideas for fitting different types of learning centers into your space.

A-9 The Wondrous World of Puppets—Dena Chappell *CC: Env*

Learn about the important role that puppets play on early development while building confidence in introducing puppets in you work. Participants will learn how to incorporate puppets into their daily routines for use with communicating and teaching different skills to children, as well as learning and easy technique for giving puppets their own personality.

*** If you choose classes from Session B or C, you can not attend Session D**

SESSION B 1:30-2:30 pm

B-1 I Am Not a Babysitter—Pamela Haley *CC: Prof*

How to make sure your clients treat you as a professional. Parents can treat you as a babysitter. Learn techniques to show them that you are a professional and what goes into a daycare center, or family home childcare.

B-2 Solve My Situation—Ginny Cronin *CC: Guid*

Condition: You must have already taken "Understanding and Managing Misbehavior" (A-6—either at this conference or a previous one) **Limited to the first 12 people** who have a concern about a child in your care. Take this opportunity to consult with the instructor and colleagues to develop a positive behavior intervention plan.

B-3 Say NO to Sugar Bugs! - Kirk E Fuhriman, DDS *CC: H,S & N*

The presentation will highlight proper oral hygiene and instruction, healthy snacks and beverages to help reduce decay and proper growth and development of primary and permanent teeth. Dental friendly terms and langue will also be reviewed along with the importance of daily brushing/flossing routine.

B-4 New & Exciting Information From DEL—Karri Jo Livingston, Service Area Manager & Deborah O'Neil, Asst. Service Area Manager *CC: Pro & Adm*

Come hear and learn about the current updates and news from the Department of Early Learning.

B-5 Time to Circle UP! - Julie Luzzo, MED; ECE *CC: Cur*

Is your Circle Time the worst part of your day? Are you frustrated, angry or just plain fed up with your kids and Circle? Please take this class to learn about doing Circle Time in a better way.

** SESSION C 2:45-3:45 pm**

C-1 What to do with the Mountains of Paperwork (Center) -Pamela Haley

This class will focus on the state requirements on paperwork for centers and how to keep ahead of the mountain. What is really needed for taxes and how to organize so that the end of the year is not a nightmare. *CC: Adm*

C-2 Practical Approaches for kids who are MORE..Impulsive, Hyperactive, Sensitive or Explosive.—Ginny Cronin *CC:Obs*

Learn strategies you can use today to turn around these frustrating behaviors.

C-3 Say NO to Sugar Bugs! - Kirk E Fuhriman, DDS *CC: H,S & N*

The presentation will highlight proper oral hygiene and instruction, healthy snacks and beverages to help reduce decay and proper growth and development of primary and permanent teeth. Dental friendly terms and langue will also be reviewed along with the importance of daily brushing/flossing routine.

C-4 Healthcare for You, Your Family & the Children You Care For—Ralph DeCristoforo *CC:Fam*

You can't afford to be sick! Leave this class with the knowledge and information on local healthcare resources, state and national programs & resources available. Take this home and help yourself and inform the families you serve.

C-5 Terrific Transitions—Julie Luzzo MED; ECE *CC: Guid*

Do you have times in your day that don't flow? Then this is the class for you! Get some tips and ideas to make transitions Terrific and not Terrible!

*** If you choose a class from Session D you can not attend Sessions B or C***

SESSION D 1:30-3:30 pm

D-1 Tame the Record Keeping Beast — Deborah Thurber *CC: Adm*

I've scoured the Family Childcare WACs for you! If it is in WAC…We'll cover it! Then we'll dive into how to make this part of your business easier. You'll take away new forms and better ides on how to tame the paperwork beast! Some areas that eill be covered: posting requirements; parent payments; sign in/out forms; registration forms; children's & employee files and much more!

D-2 Doodles and Oodles of Art presents: "Watch Your Garden Grow & Bloom Through the Arts" - Iris Siegler and Kim Torgerson *CC: Cur*

Got spring fever? We will help create some colorful blooms in anticipation of warmer days. Participants will create artsy garden art that is open-ended and fun! You will come away with art ideas that can be used with the children in your care, all summer long. Please dress accordingly to have fun and be creative. Bring an apron, box to carry treasures home, and **$10.00 material and supply fee--payable at the door at class time**. Due to the amount of art and supplies involved, this class will be limited to **22 participants**.

D-3 Take Care of YOU Too! - Joy McMahon *CC: Prof*

This class will help YOU as a childcare provider. Learn how to nurture yourself during the work day… as you are caring for the children, so you can end your day with your sanity still in tact! Wear comfortable clothes! You will learn how to monitor your stress levels..and you will learn techniques for stress release on the spot! Information on eating healthy along with a variety of other wellness tips will help you maintain a higher energy level all day long. Group participation makes it all real in this class!

D-4 Getting to YES! - Deborah Skalabrin, MSW,LICSW *CC: Guid*

Tired of struggling to get kids to listen, follow routines, share and transition? Come fill your toolbox with a variety of ides for managing behavior and encouraging compliance.

D-5 How to Become a Social Media STAR—Mariah McKay—Community-Minded Enterprises *CC: Prof*

You've hear all the buzz about free online social marketing tools, but do works like "Tweeting, blogging and posting" sound like internet mumbo-jumbo? Attend this class to discover which social marketing tools make since.

D-6 Accessing Services for Children—Michelle Wolfe *CC: Div*

Gain knowledge on how to approach families about their child's developmental concerns. Instructor will provide information on how children (birth to age 5) can access services, areas of qualifications and service providers in Eastern Wa.

Registration Form

Conference fee	$50.00
Professional Development Scholarship If you wish to take this credit you must complete the application on the following page. **This credit is available on a first come first served basis and are limited.**	-15.00
EWFCCA Membership (optional—see next page for more info.) If you are including a membership to the association with this registration...please take the discount below.	+30.00 Or +15.00
EWFCCA Member Discount You must be a current member of EWFCCA to take this credit.	-10.00
Total amount included:	

Make Checks Payable to: EWFCCA
Mail to: 7620 E Maxwell
Spokane Valley, WA 99212

Name:_____

Address: _____

City/State/zip:_____

Phone:_____ STARS #:___ ___ ___ ___ ___ ___ ___ ___ ___
Not your Social Security number^

I am a: ___FCC Provider ___FCC Assistant ___Center Employee

**** Breakfast? Y / N** **** Complimentary Lunch? Y / N**

In The Know! (8-9am) Y / N **Keynote (9:15-10:45am) Y / N**

Indicating your 1st and 2nd choice in each session.

Session A 11:-00am-12:30pm
A-1___ A-2___ A-3___ A-4___ A-5___ A-6___ A-7___ A-8____ A-9___

Session B 1:30-2:30pm
B-1____ B-2____ B-3____ B-4____ B-5____

&

Session C 2:45-3:45pm
C-1____ C-2____ C-3____ C-4 ____ C-5 ____

Or Only

Session D 1:30-3:30pm
D-1____ D-2____ D-3____ D-4____ D-5____ D-6____

If choosing classes from Sessions B & C You cannot attend Session D

Professional Development Scholarship Application

All licensed Family Child Care Providers, their assistants and Center Staff are eligible for this scholarship, however only 5 scholarships per center facility will be awarded. After completing this form, please take the **Professional Development Scholarship** credit on the registration page. .

Scholarship amount: $15.00

Conference Name: Reach For the STARS
Date: March 6th, 2010
Contact person: Deborah Thurber Phone: 509-926-6144
Email: debbie@ewfcca.org

***You must completely fill out this form to be eligible.**
***Incomplete forms will result in lose of scholarship.**

Recipient's Name: _____
Address: _____
City/State/Zip:_____
Daytime Phone:_____

Eligibility: (Check ALL that apply)

____ I am a resident of WA state.
____ I am not an employee of WA state, (including but not limited to, Head Start, ECEAP or a school district.)
____ I am a licensed family childcare provider.
____ I am a licensed family childcare assistant.
____ I am a exempt childcare provider.
____ I work in a licensed childcare center; a certified tribal or school-age program. (if yes....

Center Name & Address: _____
_____

Please sign below that the information above is true and correct (scholarship cannot be awarded without both signatures)

_____ Deborah A Thurber 3-6-10
Recipient's Signature Date Conference Rep's Signature Date

Scholarships are funded by the Department of Early Learning

Eastern Washington Family Child Care Association (EWFCCA)

is a non-profit organization and our purpose is to promote quality child care throughout Eastern Washington.

- ☆ EWFCCA offers STARS training through a variety of sources and covering a broad range of topics. Members receive 8 hours free STARs each year at monthly meetings as well as receive discounted prices on the "Reach For the STARS" Conference and Fall workshop.
- ☆ EWFCCA offers support, resources and networking opportunities to all child care providers. (Secret Pal Game; Annual Winter Solstice Party; June Banquet & Bunco Parties.)
- ☆ EWFCCA represents the voice and needs of family child care providers on many local and state committees and advocates for funding and changes at the federal level.
- ☆ EWFCCA members receive a free copy of a monthly newsletters that is packed full of useful information, recipes and activities that will help you in your day to day activities with the children in your care.
- ☆ EWFCCA members have access to a computer specialist at a discounted price. Members can purchase software at an extreme discount. (This year, members purchased Window 7; Windows Vista; Windows XP; Office Professional Plus 2007 & Norton360 2.0.)
- ☆ EWFCCA childcare provider members will be placed on a data base listed on our website for referrals.
- ☆ EWFCCA's membership fee is tax deductible.
- ☆ Free Monthly Parent Newsletter that can be personalized will be sent to you via email.
- ☆ Members have access to Aflac Insurance at a discount.

Membership Fees for EWFCCA:

$30.00 per year for Licensed Family Child Care Providers & Center Directors.

$15.00 per year for assistants, center employees, exempt providers and all other interested parties

Conference Special: If you include a membership with your registration, you may take the member discount. If you are a first time member, your membership will be good through June, 2011.

Some of this year's Exhibitors and Vendors:

Learning is Fun

Toes 2 Soles— Mavis Hogan
$1/min massages

Toe Reader—Nancy Newman $1/min

Magnetic Jewelry—Joni Linsay

Flameless Candles—Tammy Frasier

Discovery Toys

Inland Massage School
($1/min. chair massages)

Brown's Crafts

Heavenly Teas

Imagine-nation Books

See them and much more in the gymnasium!

Please return your registration to:
EWFCCA
7620 E Maxwell
Spokane Valley, WA 99212